



## **Children's Eye Health and Safety Month PSA 60**

When was your child's last comprehensive eye exam? August is Children's Eye Health and Safety Month. Have your child's doctor examine their eyes during their annual well visit, starting at age three. If they see issues they can refer you to an ophthalmologist.

Look for warning signs: wandering or crossed eyes, does your family have a history of childhood vision problems, a disinterest in reading or viewing distant objects and squinting for turning their head in an unusual manner while watching TV.

Additionally, encourage your child to practice eye safety. Eye injuries are the leading cause of vision loss in children. Make sure they are wearing protective eyewear while playing sports, purchase age appropriate toys and avoid toys with sharp or protruding objects.

This is State Health Office Doctor Scott Harris. For more information visit [Alabama Public Health dot gov](http://AlabamaPublicHealth.gov).

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